

Mental Health Services

We ensure prevention and treatment services for mental health are available and provided by the state's public mental health providers. Our hope is for individuals, families and communities to recognize that treatment works. If you, a friend, or family member is struggling with a mental health problem, there is help available.

SOME OF OUR SERVICES

- 24-hour crisis care
- Case and medication management
- Inpatient treatment and counseling
- Community mental health centers statewide provide outpatient counseling, vocational and life skills training
- Utah State Hospital operates adult, children's and forensic programs, providing inpatient care for the severely mentally ill

VOLUNTEER OPPORTUNITIES

National Alliance on Mental Illness (NAMI) Utah, 801-323-9900

Utah State Hospital, Shawna Peterson, 801-344-4254

Utah Commission on Volunteers, 1-888-755-UTAH (8824),
www.volunteers.utah.gov

IF YOU NEED MORE INFORMATION

Utah Division of Substance Abuse and Mental Health
801-538-3939

Utah Behavioral Healthcare Committee (UBHC)
801-265-1331, www.uacnet.org/ubhn

National Alliance on Mental Illness (NAMI) Utah
801-323-9900, www.namiut.org

Allies with Families
801-292-2515, www.allieswithfamilies.org

Autism Society of Utah
801-583-7049

National Suicide Prevention Lifeline
1-800-273-TALK (8255)

Substance Abuse and Mental Health Services Administration
www.samhsa.gov

Quick Facts:

- 40,427 Utahns received mental health services through the community mental health centers
- 743 Utahns received treatment at Utah State Hospital
- There are 11 community mental health centers statewide, serving 29 counties
- Approximately 52% of individuals in need of mental health services do not receive treatment
- 75% of clients served receive funding through Medicaid or another source; the remaining 25% have absolutely no funding
- 59% of all adult consumers receiving medication are diagnosed with schizophrenia or a major depressive disorder
- From 2001-2005, there were an average of 342 suicides per year; in 2003 and 2004 Utah ranked 8th in the nation for suicide death

For additional information, visit www.dsamh.utah.gov